



# **MaineCare**

## **Value-Based Purchasing Strategy Portland Regional Forum**

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**September 26, 2013**

**<https://www.maine.gov/dhhs/loms/vbp>**



MaineCare Services

An Office of the  
Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

# ***Behavioral Health Homes***



# *Agenda*

- What is a Behavioral Health Home
- Who can participate
- Benefits of the service model
- Consumer choice
- Provider qualifications and reimbursement
- Enrollment
- Next steps



# ***What is a Behavioral Health Home?***

- A new service being offered by MaineCare in January, 2014
- Per the Affordable Care Act, a Health Home offers:
  - Care Management of physical and mental health needs
  - Care Coordination and health promotion
  - Help in transitional care, including follow up
  - Support to help self-manage physical and mental health conditions
  - Referral to other services
  - The use of Health Information Technology to link services



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# ***Maine's Health Homes*** ***"Stage A"***

**Primary Care**



**Community Care Teams (CCTs)**



**Health Homes**

***Serves adults and children with  
chronic health conditions***



# ***Maine's Behavioral Health Homes – "Stage B"***

**Licensed Community  
Mental Health Provider**



**A Primary Care Practice**

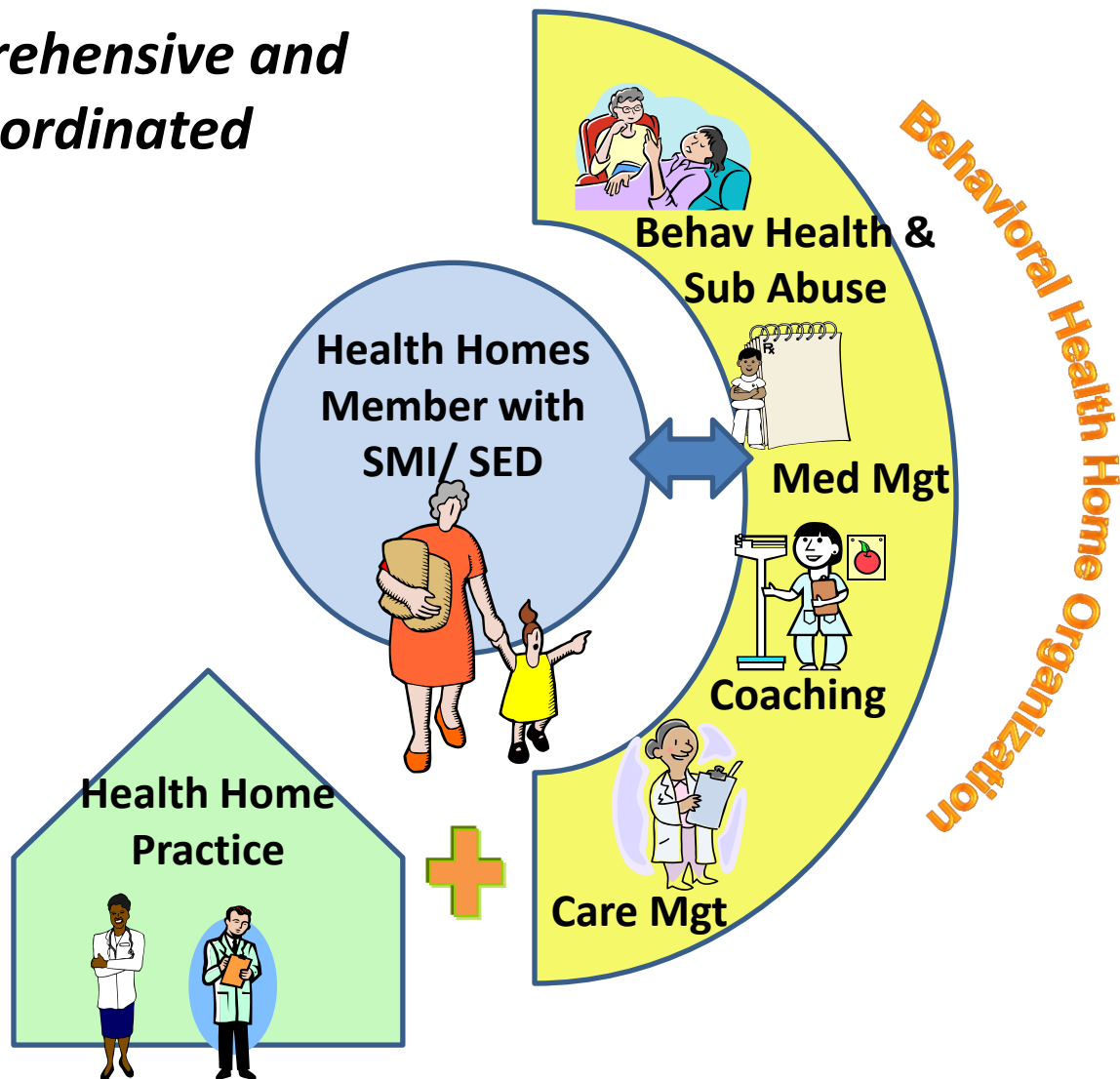


**Behavioral Health Homes**

***Serves adults and children with significant behavioral health needs***

# ***Behavioral Health Homes:***

***Comprehensive and  
Coordinated***





# ***Who Can Participate in Behavioral Health Homes?***

- Adults with Serious Mental Illness
- Children with Serious Emotional Disturbance

***This initiative closely aligns with current eligibility for community mental health services. People eligible for the following services will also generally be eligible for Behavioral Health Homes:***

- Adults: Community Support Services
- Children: Targeted Case Management





# ***Why Behavioral Health Homes?***

- 20% of MaineCare members incur 87% of cost
- This 20% often have more than one long-term condition, such as:
  - **COPD**
  - **Diabetes**
  - **Mental Illness**
  - **Heart Disease**
  - **Substance Abuse**



# ***Why Behavioral Health Homes?***

- Individuals with serious behavioral health conditions often have higher rates of other chronic illness: asthma, diabetes, heart disease
- When services are not coordinated:
  - People don't get the care they need, when they need it
  - No one provider is managing all the care
  - People get overwhelmed trying to manage everything they need to do to stay healthy by themselves

***Because of this, people often end up using the hospital or ER for things that could be prevented with better care and care coordination***



# ***Why Behavioral Health Homes?***

- Federal commitment and financial incentives
- Mainecare has already developed a Health Home for people with chronic physical conditions (Stage A)
- Behavioral Health Homes will address the concerns of members with significant behavioral health needs:
  - Managing physical and mental health conditions together
  - Building strong relationships with primary care
  - Maintaining a recovery focus
  - Addressing co-occurring disorders and trauma-informed care



# ***What are the benefits of a Behavioral Health Home?***

- PCP and mental health services work together to provide better care
- Team-based, comprehensive approach:
  - nurse care manager
  - peer support specialist
  - licensed clinical social worker
  - health home coordinator
- Manage health, wellness, and prevention services
- Provide peer services and other supports
- Case management; help with housing, transportation, etc.



# ***How does this affect other MaineCare services?***

- Services currently received through targeted case management or community integration will be received through the BHH
- Certain other services will be considered a duplication; members can choose which service they would like to receive
- Members will choose a PCP that partners with their behavioral health organization
- Members can stay with their current services, or try a Behavioral Health Home.
- People can opt out of the service at any time



# ***What are the provider qualifications?***

## **Mental health providers must:**

- Be licensed community mental health providers
- Provide medication management OR have an MOA with a MM provider
- Have expertise in co-occurring disorders
- Adopt an EHR within a timeframe specified by MaineCare (no more than two years after approval as a Behavioral Health Home Organization).
- Participate in the Behavioral Health Home Learning Collaborative
- Comply with team-based care model
- Partner with at least one qualified practice
- Commit to meeting and reporting on Core Expectations, including enhanced access to care, comprehensive consumer/family directed care planning, commitment to reducing waste and unnecessary health care spending, integration of Health Information technology



# ***What are the provider qualifications?***

## Primary care providers must:

- Complete a Health Home primary care practice application and be approved by MaineCare
- Have implemented an Electronic Health Record (EHR) system.
- Provide Twenty-Four Hour Coverage, as defined in MaineCare Benefits Manual, Ch. VI - Section 1: Primary Care Case Management.
- Have received National Committee for Quality Assurance (NCQA) Patient-Centered Medical Home recognition by date determined by MaineCare
- Have established member referral protocols with area hospitals, which include coordination and communication on enrolled or potentially eligible HHP members.
- Must partner with a community mental health provider that is approved to deliver Behavioral Health Home services.
- Commit to Core Expectations for Health Home practices



# ***How will providers be reimbursed for services?***

**Payment is structured to support both the PCP and the community mental health provider to coordinate care:**

Primary Care practice	\$15/PMPM
Behavioral Health Organization	\$270.00/PMPM for children \$300.00/PMPM adults

**Mainecare is also proposing to CMS an additional \$35.00 PMPM during the first three months of start up for additional engagement, education, and outreach**





# ***What are the assumptions built into the rates?***

Staff	FTE per 200 members
Clinical Team Leader (LCSW)	0.75
HH Coordinator (MHRT/OCFS equivalent)	7/8
Peer Specialist	1
Nurse Care Manager	Child: 0.50 Adult: .75
Medical Consultant	0.02
Psychiatrist	0.02
<b><i>assumptions also Include 30% fringe and 30% administrative overhead</i></b>	



# ***What are the assumptions built into these rates?***

- Different service expectations:
  - Minimum billable service is one hour per member, per month for the Behavioral Health Home organization
  - Services can be delivered by any member of the team and may be in person, by phone, in a group setting
  - Team meetings and collateral contacts included
  - Health promotion and wellness activities
  - Providers serve and bill for all eligible members, not only members that are seen in person
  - Six month review/continuing stay criteria TBD



# ***How will eligible consumers find out about this service?***

- Education and information activities planned for this fall
- Consumers who receive services from a provider that plans to offer BHH services will receive information and written notice about the service and can opt out if not interested
- Consumers who receive services from non-participating providers will receive information about where they can receive the service in their area if interested
- Consumers can continue to receive their current services with their current service provider if they choose
- May decide to join or leave the service at any time



# *Where are we now?*

- Consumer, family, and provider discussion and feedback is ongoing:
  - RFI released in April
  - Discussion and meetings with consumers, providers, families
  - MaineCare convening a BHH Stakeholder Advisory Group
- Application process for interested providers: October, 2013
- MaineCare State Plan Amendment submission: October
- MaineCare Behavioral Health Homes target implementation date: January, 2014



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## ***More information?***

MaineCare's Value-Based Purchasing Website:

<http://www.maine.gov/dhhs/oms/vbp/>

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